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Orientation 2018
Welcome to the 2018 HealthPartners Institute/Regions Hospital Emergency Medicine Residency Program’s Annual Report. We are excited to share with you some of the exciting things that have happened in St. Paul over the past year!

One of our biggest changes was getting ACGME approval to increase the size of our program, and in 2018 we matched our first class of 11 interns. Our program size had been 8 residents per class, then 9 per class, and most recently was 10 residents per class for the past 8 classes (from 2011-2017). With the impressive growth of our Emergency Department, at Regions Hospital, and in the HealthPartners system we felt like the time was right to increase the size of our residency program to take advantage of the growth and opportunities. In this Annual Report you will find highlighted our fantastic group of 11 interns!

In 2018 we were able to take advantage of our unbelievable grant opportunity from the Fred C. and Katherine B. Andersen Foundation to complete our purchases of educational resources and put on our first ever wellness retreat. With the grant support we purchased hand held ultrasound machines to help with ultrasound education, as well as iPads for each resident. In October we hopped on a bus and took the residents to Grandview Lodge in Nisswa for a day and a half long wellness retreat. It was the perfect combination of free time, wellness activities and discussions about wellness including the ‘Top 10 Points About Wellness’ and a book club discussion of The Happiness Advantage by Shawn Achor.

Looking back on 2018, we continue to be grateful for the support of our residency partners and are proud to highlight the expanding opportunities we continue to be blessed with. We hope you enjoy our annual update from our residency program!
2018 brought energy and passion in our Emergency Department at Regions Hospital. With the support of our community, our collaborative team of emergency medicine residents, physician assistants, nurses and doctors joined together to advocate for an increase in Regions Hospital bed capacity. Since the 1980’s Minnesota has a legislative moratorium on new bed licenses for hospitals. Our grass roots emergency medicine team wrote letters, contacted state legislators and even went to the state capitol together to describe the challenges of caring for patients in a crowded emergency department and hospital. It was a success! Regions was granted 55 additional hospital beds of which 20 will be dedicated to mental health patients!

In addition to advocating for patient care at the state capitol, our faculty have been busy this year grant writing and publishing in Education, EMS, Toxicology, Public Health, and Quality. Dr. Bjorn Westgard received a $1.9M award from the National Institute on Aging for “Hotspotting Cardiometabolic Disparities for Simulated Advances in Population Care.” Program director Dr. Cullen Hegarty is leading a HealthPartners team for the Alliance of Independent Academic Medical Centers (AIAMC National Initiative VI: Stimulating a Culture of Well-Being in the Clinical Learning Environment. This year our residents had an opportunity to spend two days away from the hospital at a learning retreat focused on well-being. Opportunities to focus on professional wellness is one of the reasons HealthPartners is a six time best places to work nominee.

Our Emergency Medicine faculty are contributing locally and nationally to high quality emergency care. We are proud of Dr. Felix Ankel’s selection to the American Board of Emergency Medicine’s Board of Directors and Dr. Andrew Zinkel’s selection as 2018 President of the Minnesota chapter of the American College of Emergency Physicians.

Our toxicology program is growing with the addition of Dr. Ben Willenbring and our emergency medicine residency faculty welcomed new leaders Dr. Kelly Barringer as assistant program director and Dr. Michael Paddock as clinical competency committee chair.

Looking to the future is amazing. The culture surrounding opportunities to advocate for patients, give outstanding emergency care, and work as a team to promote wellness abounds at HealthPartners and Regions Hospital. We are ready!
The Institute

HealthPartners’ Institute

OFFICE OF HEALTH PROFESSIONAL EDUCATION

SUPPORT THE TRAINING OF PRACTICE-READY CLINICIANS

The Office of Health Professional Education (OHPE) partners with program leaders and clinician educators to educate more than 600 residents and fellows and 1200 students each year across our health system.

HealthPartners Institute sponsors graduate medical education residencies and fellowships accredited by the Accreditation Council of Graduate Medical Education (ACGME) and the Council on Podiatric Medical Education (CPME) as well as Advanced Practice Fellowship training programs. In addition to our sponsored programs, we partner with the University of Minnesota and Hennepin Healthcare to train residents and fellows in 25 specialties.

Here are a few examples of collaboration with our training programs to support HealthPartners’ learning organization over the past year:

- A new orientation process was implemented expanding sessions from 25 Institute-sponsored trainees to include all 150 incoming residents and fellows from affiliate institutions.
- The Institute participated in the Alliance of Academic Medical Center’s National Initiative VI: Stimulating a culture of well-being in the clinical learning environment. This work group, led by Dr. Cullen Hegarty utilized a resident well-being index survey and created a centralized web space to communication resiliency resources.
- Emergency Medicine residents participated in the ACGME’s Clinical Learning Environment Review (CLER) at Regions Hospital in October, assessing patient safety, quality improvement, supervision, transitions of care, professionalism and well-being.
- OHPE developed and tested a new web application, Shared Space 4 Learning, to enhance the process of making connections for student clinical experiences within HealthPartners.
- Engaged members of local health systems, advanced practice schools and interested community members worked together to create a shared vision for Advanced Practice Education for Minnesota. The purpose of the consortium is to align Advanced Practice Clinician training to optimally meet State workforce needs and ensure practice ready clinicians.
- Leaders and clinicians representing HealthPartners Orthopedics, Primary Care and Urgent Care took the next steps in exploring Advanced Practice Clinician Fellowships in their areas.

We are grateful for the commitment our community of clinician educator and trainees make to continuously improve the health and well-being of patients. Visit our website: www.healthpartners.com/institute/education/ohpe
Timeline

1990’s

1993
Bob Knopp, MD was hired to start the EM residency. Ready to return to Minnesota, Dr. Knopp left the residency he directed in Fresno for 17 years to work on the development of the Regions Hospital Emergency Medicine Residency.

Lori Barrett is selected for coordinator. Lori had previously worked as the department head admin and EM office supervisor.

1995
Residency receives a 3-year provisional accreditation by the ACGME-RRC for Emergency Medicine and recruitment begins for the first class of eight residents. Approximately 200 applications were reviewed and 126 interviews were conducted.

1996
First class of 8 residents starts. The Class of 1999 included students from Creighton University, University of Colorado, Mayo Medical School, University of Minnesota, and University of North Dakota.

1999
Residency receives full 3-year ACGME accreditation and graduates its first class. Of that first class of eight residents, seven continue to work and live in Minnesota.

2000’s

2000
Dr. Felix Ankel is named program director. Dr. Ankel, a graduate of the University of Wisconsin Medical School, completed his residency at the University of Illinois-Chicago and joined the faculty at St. Paul-Ramsey Medical Center in 1994.

2003
Residency receives a 5-year full ACGME accreditation.

2004
Jessie Nelson, MD is selected for an Educational Fellowship and becomes the first faculty member for clinical simulation.

2005
Medical Toxicology Fellowship is launched. EM grad, Matt Morgan, MD, is selected as the first fellow.

2008
Dr. Bob Knopp retires from clinical work.

2009
Residency receives a continued 5-year full ACGME accreditation.
Dr. Felix Ankel, program director from 2001-2013, accepts the position of Vice President & Executive Director, Health Professional Education with the HealthPartners Institute.

EMS Fellowship receives 3-year initial accreditation.

Dr. Cullen Hegarty is named program director. Dr. Hegarty, a 2001 program graduate, served as an assistant program director from 2004-2011, and associate program director from 2011-2013.

Dr. Sam Stellpflug ('08) is appointed program director for the Med/Tox Fellowship.

Dr. Joe Arms takes over as Fellowship director for Peds-EM.

Ultrasound Fellowship, under the direction of Michael Zwank, MD, RDMS, accepts its first fellow, Jessica Greupner, MD ('16).

2010's

EMS Fellowship starts, under the direction of RJ Frascone, MD, with selection of EM grad, Aaron Burnett, MD, as the first fellow.

HealthPartners takes over sponsorship of Pediatric-EM fellowship based at Minneapolis Children's; fellows are now part of the Regions EM family.

Emergency Medicine PA Residency starts under the direction of Brad Hernandez, MD and Ann Verhoeven PA-C.

2011's

Quality & Patient Safety Fellowship begins, under the direction of Drew Zinkel, MD; EM grad, Kara Kim, MD, is its first fellow.

Toxicology Fellowship expands to two fellows/year.

International EM Fellowship, directed by Matt Morgan, MD, accepts its first fellow, Amy Walsh, MD.

2012's

Emergency Medicine PA Residency.

2013's

Dr. Felix Ankel, program director from 2001-2013, accepts the position of Vice President & Executive Director, Health Professional Education with the HealthPartners Institute.

EMS Fellowship receives 3-year initial accreditation.

Dr. Cullen Hegarty is named program director. Dr. Hegarty, a 2001 program graduate, served as an assistant program director from 2004-2011, and associate program director from 2011-2013.

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EMS Fellowship receives 3-year initial accreditation.
Residents

CHIEF RESIDENTS

We are excited to share with you some of the many aspects of our program that continue to make it a great place to train.

We serve a unique blend of privately insured and under-served patients within the St. Paul metropolitan area and western Wisconsin. As a Level I Adult and Pediatric Trauma Center, Heart Center, Stroke Center and Regional Burn Center, our hospital and emergency department provide quality and specialized care to a large community.

Our residents get exposed to critically ill patients and opportunities to enhance their procedural and resuscitation skills from day one of residency. From our time providing 365 day/year coverage in the surgical ICU to our extensive medical ICU time as well as our department’s high volume and acuity, we gain ample experience in caring for critically ill patients.

We continue to emphasize wellness in our clinical rotations as well as our lives outside of the hospital. Resident feedback is used to improve clinical rotations and make them as beneficial to our learning as possible. Our wellness committee plans regular gatherings for residents, attending physicians, nursing and ancillary staff which promotes the already exceptionally collegial relationship among the staff in the ED. Past gatherings have included Halloween parties, kickball, EMRA Day of Service, making food for those in need and many more.

We believe that our unique location, extensive critical care experience and focus on resident wellness combined with our experienced faculty makes the Regions Emergency Medicine Residency program a great place to train.

Sara Hevesi, MD, Kasey Sturm, MD, Shannon Tomfohrde, MD
2018-2019 Chief Residents

Resident Wellness Event
## Current Residents

<table>
<thead>
<tr>
<th>Class of 2019</th>
<th>Undergraduate</th>
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<tbody>
<tr>
<td>Sarah Baker, MD</td>
<td>Loyola University</td>
<td>Loyola University</td>
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<tr>
<td>Oliver Garrison, MD</td>
<td>St. Olaf College</td>
<td>University of Minnesota</td>
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<tr>
<td>Sara Schroeder Hevesi, MD</td>
<td>Appalachian State University</td>
<td>University of Wisconsin-Madison</td>
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<tr>
<td>Allison Knorzer, MD</td>
<td>University of Minnesota</td>
<td>University of Minnesota</td>
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<tr>
<td>Sarah Mott, MD</td>
<td>University of Wisconsin</td>
<td>University of Minnesota</td>
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<tr>
<td>Enyioma Okechukwu, MD</td>
<td>University of Michigan</td>
<td>Texas Tech University</td>
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<tr>
<td>Kasey Theisen Sturm, MD</td>
<td>Washington University at St. Louis</td>
<td>University of Wisconsin-Madison</td>
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<tr>
<td>Priya Sury, MD</td>
<td>Coe College</td>
<td>University of Iowa</td>
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<tr>
<td>Shannon Tomforde, MD</td>
<td>University of Wisconsin-Madison</td>
<td>University of Wisconsin</td>
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<tr>
<td>Robert Welborn, MD</td>
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<tr>
<td>Ifrah Ali, MD</td>
<td>San Jose State University</td>
<td>University of California-Davis</td>
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<tr>
<td>Maggie Barnes, MD</td>
<td>Augustana College</td>
<td>University of Wisconsin</td>
</tr>
<tr>
<td>Maxwell Beck, MD</td>
<td>St Olaf College</td>
<td>Eastern Virginia Medical School</td>
</tr>
<tr>
<td>Amy Borys, MD</td>
<td>Arizona State University</td>
<td>University of North Dakota</td>
</tr>
<tr>
<td>Zachary Finn, MD</td>
<td>Emory University</td>
<td>Duke University</td>
</tr>
<tr>
<td>Jonathan Heimler, MD</td>
<td>University of North Dakota</td>
<td>Medical College of Wisconsin</td>
</tr>
<tr>
<td>Diliana Stoimenova, MD</td>
<td>University of Missouri</td>
<td>Creighton University</td>
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<tr>
<td>Mary Swiggum, MD</td>
<td>St. Olaf College</td>
<td>University of Minnesota</td>
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<tr>
<td>Andrea Weiers, MD</td>
<td>University of St Thomas</td>
<td>University of Minnesota</td>
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<tr>
<td>Cady Welch, MD</td>
<td>University of South Florida</td>
<td>University of South Florida</td>
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<table>
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<tr>
<th>Class of 2021</th>
<th>Undergraduate</th>
<th>Medical School</th>
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<tbody>
<tr>
<td>Jacob Binder, MD</td>
<td>University of Wisconsin-Madison</td>
<td>Wayne State University</td>
</tr>
<tr>
<td>Michael DeBoer, MD</td>
<td>University of Northwestern St. Paul</td>
<td>University of Wisconsin</td>
</tr>
<tr>
<td>Andrew Hasebrock, MD</td>
<td>Boston College</td>
<td>Creighton University</td>
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<tr>
<td>Ryan Johnsen, MD</td>
<td>St. Olaf College</td>
<td>Albany Medical College</td>
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<tr>
<td>Karl LaFleur, MD</td>
<td>University of Minnesota-Twin Cities</td>
<td>University of Minnesota</td>
</tr>
<tr>
<td>Tracy Marko, MD, PhD</td>
<td>University of Minnesota-Twin Cities</td>
<td>University of Minnesota</td>
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<tr>
<td>Melanie Mercer, MD</td>
<td>University of Wisconsin-Madison</td>
<td>Medical College of Wisconsin</td>
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<tr>
<td>Alan Okada, MD, PhD</td>
<td>University of California-San Diego</td>
<td>University of Southern California</td>
</tr>
<tr>
<td>Broc Schindler, MD</td>
<td>St Cloud State University</td>
<td>Eastern Virginia</td>
</tr>
<tr>
<td>Bradley Stroik, MD</td>
<td>University of Wisconsin-Stevens Point</td>
<td>University of Wisconsin</td>
</tr>
<tr>
<td>Selina Sturman, MD</td>
<td>University of Texas</td>
<td>Texas A&amp;M</td>
</tr>
</tbody>
</table>
Class of 2021

**Jacob Binder, MD**
BS - Neurobiology - University of Wisconsin-Madison
MD - Wayne State University
Alpha Omega Alpha Honor Society
Gold Humanism Honor Society
Interests: I enjoy fishing, hockey, traveling, coaching, soccer, hunting, camping, hiking, biking, trying new restaurants, teaching, wake boarding, snow-boarding, boating, tennis, and attending concerts/stand-up comedy shows.

**Michael DeBoer, MD**
BA - General Music - University of Northwestern St Paul
MD - University of Wisconsin
Gold Humanism Honor Society
Interests: I enjoy spending time with my wife and 2 kids. We enjoy being outside, going to a park or enjoying the walking trails around our home. We love hosting friends for a meal, campfire, or games. Other interests are music, observing wildlife (especially birds), gardening, fishing and travel. We are having a lot of fun exploring all that the Twin Cities area has to offer!

**Andrew Hasebroock, MD**
BS - Psychology - Boston College
MS - Clinical Anatomy - Creighton University
MD - Creighton University
Gold Humanism Honor Society
Interests: Hiking and exploring the world with my wife while keeping up on my travel blog, coaching youth sports, craft beer and coffee tastings, intramural sports, music festivals, and biking new trails.

**Ryan Johnsen, MD**
BA - Chemistry – St Olaf College
MD - Albany Medical College
Interests: I was born and raised in the northwestern suburbs of Minneapolis and have been a competitive swimmer most of my life. I enjoy most anything outdoors and love the ocean and the mountains. I like to swim, hike, travel, lift weights and enjoy a good whiskey or craft beer with friends.

**Karl LaFleur, MD**
BE - Biomedical Engineering – University of Minnesota
MD - University of Minnesota
Alpha Omega Alpha Honor Society
Interests: Sports (especially soccer, hockey, and tennis, but also everything else), traveling and language (I've lived in the Netherlands and spent quite a bit of time in Spain), hiking, and hanging out with friends at restaurants and breweries (favorite restaurant in the area is Alma and favorite brewery is Venn).

**Tracy Marko, MD, PhD**
BS - Mechanical Engineering - University of Minnesota
MS - Biomedical Engineering - University of Minnesota
PhD - Cancer Biology - University of Minnesota
MD - University of Minnesota
Interests: Traveling, hiking, triathlons, tennis.

**Melanie Mercer, MD**
BS – Kinesiology – University of Wisconsin-Madison
MD - Medical College of Wisconsin
Alpha Omega Alpha Honor Society
Interests: Sports particularly golf, tennis, football, soccer, snowboarding. I enjoy unwinding with reading, podcasts, jigsaw puzzles, and baking/experimenting with new recipes.

**Alan Okada, MD, PhD**
BS - Neuroscience and Physiology - University of California-San Diego
PhD - Integrative Biology of Disease - University of Southern California
MD - University of Southern California
Alpha Omega Alpha Honor Society
Interests: I enjoy hiking/backpacking, martial arts (Aikido), Zen, swing dance (Lindy Hop), indoor and outdoor rock climbing, soccer, music (piano, guitar - self-study).
Broc Schindler, MD  
BS - Biomedical Science - St Cloud State University  
MD - Eastern Virginia Medical School  
Alpha Omega Alpha Honor Society  
Gold Humanism Honor Society  
Interests: Watching sports, spending time with friends and family, men’s recreational softball, working out, bonfires, outdoor activities, fantasy football, television shows.

Bradley Stroik, MD  
BS - Biology and Biochemistry - University of Wisconsin-Stevens Point  
MD - University of Wisconsin  
Interests: I enjoy anything that involves being active, if it is a competitive activity I enjoy it even more. I also enjoy working with kids and coaching youth sports. Another passion of mine is being active in the outdoors with elk hunting being at the top of the list. When time allows I like to visit and explore foreign countries. I am also very close to my family and any time with them is time well spent.

Selina Sturman, MD  
BS - Neurobiology – University of Texas  
MD - Texas A&M  
Gold Humanism Honor Society  
Interests: I enjoy kayaking, camping, hiking, baking pies, drinking coffee on a porch or by a lake, spending time with my incredible friends and family.

Andrew Hasebroock, MD  
Brad Stroik, MD  
Jake Binder, MD
Why did you pick Regions for your Emergency Medicine training? I knew I wanted to go into Emergency Medicine from a young age. In medical school at the University of Minnesota, I looked for EM mentors early on and was introduced to Cullen Hegarty in my first few years. Nice guy that he is, he agreed to meet me at a café in Moos Tower and give me tips on how to set myself up to be a strong applicant some day. Cullen continued to be a great mentor and resource for me as were multiple other people at Regions (Brad Hernandez, Keith Henry, Jessie Nelson, etc.). Throughout medical school, I had multiple rotations at Regions and always loved coming to this hospital and enjoyed all the people who worked here. Walking down the residency hallway and chatting with Lori and Amy always brightened my day and I knew these were the people I wanted to surround myself with in residency.

I did the couples match with my now husband who is an Orthopedic Resident. When residency interviews were done, he loved the Orthopedic program at Mayo and I loved the Emergency Medicine program at Regions. I knew the positive atmosphere at Regions would make the stressors of residency more manageable. We decided to take a leap and rank this combination as our first choice (despite the distance between the programs) and were lucky enough to both land our dream residencies!

What has your experience been like at Regions for your three years of residency? Living an hour away from work was never something I planned on doing, but I wouldn’t change a thing about my residency experience! The wonderful people here at Regions (attendings, nurses, pharmacists and support staff) make me excited to come to work every day. I have been so impressed with the training that this residency provides. I will always remember my first shifts as an intern getting thrown into codes, STEMIs and CVAs and all the excitement (and terror) that came with it. My senior residents back then taught me a ton and it has been rewarding to watch new residents come through the program and grow as well. The off service staff are top-notch teachers and have helped shape us into the best physicians we can be. Last but not least, I got incredibly lucky with my smart, talented and supportive co-residents. Class of 2019, you truly are the best!

You are one of our Chief Residents. What Chief accomplishment are you most proud of? Being a chief resident has been exciting, a bit of a challenge and such an honor! This year, the chief residents use a Google account as a centralized resource for all educational materials, schedule requests and emails that can be passed on to the next class (hit us up – RegionsEMChief@gmail.com). My co-Chiefs Kasey Sturm and Shannon Tomfohrde have worked ridiculously hard on continuing to improve Shift Admin (implemented last year) and I’m proud that they have created a schedule that is fair and even for all residents across shift types, weekends and administrative days.

As the Education Chief, I have loved working with Charles Bruen on perfecting Resus Conference – a weekly interdisciplinary conference where the residents present the most interesting ED cases from the week before in a rapid fire M&M style conference. Our residents and staff have really done a great job getting involved and cultivating discussion about how to best care for critically ill patients! I can hardly wait to pass this down to the next Education Chief and watch conference continue to grow and improve.
Coordinators

There’s nothing better than hearing from our grads, and we love to stay connected. We had a great Alumni Day Conference in September, preceded by a round of golf and lunch with grads and former program directors, Bob Knopp and Felix Ankel, the day prior. Featured conference speakers included Jon Fuerstenberg ('04), Samantha Kealey ('15), Panelists Ashley TeKippe ('16) and Aaron Feist ('10) shared their experiences remotely. Jeff Young ('99), Topher Obetz ('02), Brent Walters ('10), Sean Boley ('15) and Alan Sazama ('18) were on hand to describe their practices.

We attended the 2018 CORD Academic Assembly in San Antonio and SAEM in Indianapolis with our intern class. Dinners during these meetings are a great way to stay connected. Grads, let us know if you’re attending CORD-AA in Seattle, SAEM in Las Vegas or ACEP in Denver in 2019. We’d love to catch up over dinner.

It was our pleasure to host 131 medical students from 26 medical schools, 37 rotating residents and 4 fellows from 5 specialties. We interviewed 135 applicants and look forward to another great match.
### Faculty

#### NEW FACULTY 2018

<table>
<thead>
<tr>
<th>Name</th>
<th>Undergraduate</th>
<th>Med School</th>
<th>Residency</th>
<th>Location</th>
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<tbody>
<tr>
<td><strong>Nate Anderson, MD</strong></td>
<td>COLORADO COLLEGE</td>
<td>Univ. of Minnesota</td>
<td>Regions Hospital</td>
<td>Amery Hospital</td>
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<tr>
<td><strong>Maria Finke, MD</strong></td>
<td>Univ. of Minnesota</td>
<td>Univ. of Minnesota</td>
<td>Univ. of Rochester</td>
<td>Amery Hospital</td>
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<tr>
<td><strong>Jackie Kelly Hegarty, MD</strong></td>
<td>St Olaf</td>
<td>Univ. of Minnesota</td>
<td>Regions Hospital</td>
<td>Westfields Hospital</td>
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<tr>
<td><strong>Brian Mehus, MD</strong></td>
<td>Univ. of Minnesota</td>
<td>Univ. of Minnesota</td>
<td>Regions Hospital</td>
<td>St Croix Falls Medical Center</td>
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<tr>
<td><strong>Kevin Torkelson, MD</strong></td>
<td>Concordia College Moorehead</td>
<td>Univ. of North Dakota</td>
<td>Regions Hospital</td>
<td>Lakeview Hospital</td>
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<td><strong>Benjamin Willenbring, MD</strong></td>
<td>Univ. of Minnesota</td>
<td>Drexel University</td>
<td>Hahnemann Univ. Hospital</td>
<td>Regions Hospital</td>
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**FACULTY SPOTLIGHT**

**RACHEL DAHMS, MD**

I really clicked with caring for the unique patient population at Regions. I appreciate the mix of “county” and “community” populations all at one institution, and the presence of HealthPartners backing us up with the resources to take care of almost everyone.

**You have had many roles at Regions Hospital over the years. What are some of the best things about working at Regions?**

I started working at St Paul-Ramsey Medical Center in 1994 as an ER Technician. I really clicked with caring for the unique patient population at Regions. I appreciate the mix of “county” and “community” populations all at one institution, and the presence of HealthPartners backing us up with the resources to take care of almost everyone. The best thing that came my way was the opportunity to be involved in the residency and the educational system here.

**You were an Assistant Program Director at Regions from 2007-2018. What were some of your favorite parts of being an Assistant Program Director?**

I briefly served as the site director for the UMN medical student rotation at Regions, and then an APD spot opened up. I loved the engagement of the residency team to make things happen. I came to appreciate the complexities behind meshing an educational system with a clinical department. Operations, scheduling, procedure labs, and remediation are definitely the more mundane parts of running an academic department, and it was satisfying to know I was making a difference in my role of APD.

**In 2018 you transitioned out of your Assistant Program Director role into a new role with HealthPartners. Can you share with us some information on your new role?**

HealthPartners recently added a physician lead position to focus on undergraduate medical education (medical students). I serve as the point person within HP for student issues, and work as a liaison with our affiliated schools. I’m fortunate to continue working clinically in the ED and maintain my connection to the EM residency.
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<thead>
<tr>
<th>Faculty</th>
<th>Medical School</th>
<th>Residency</th>
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<tr>
<td>Felix Ankel, MD</td>
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<td>University of Illinois</td>
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<tr>
<td>Kelly Barringer, MD</td>
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<td>Nathan Anderson, MD</td>
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<td>Maria Finke, MD</td>
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<td>Teri Gunnarson, MD</td>
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<tr>
<td>Paul Hailer, MD</td>
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<td>IM - University of Minnesota</td>
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<td>Kari Haley, MD</td>
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<td>Jackie Kelly Hegarty, MD</td>
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<td>Eric Ling, MD</td>
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<td>Sheff Massey, DO</td>
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<td>Mark Newman, MD</td>
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<td>Joshua Peltier, MD</td>
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<td>Bjorn Peterson, MD</td>
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<td>Brian Peterson, DO</td>
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<td>Martin Richards, Jr, MD</td>
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<td>Nabil Salama, DO</td>
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<td>Amy Stoesz, MD</td>
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<td>Amy Walsh, MD, MDP</td>
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<td>Joseph Walter, MD</td>
<td>St Louis University</td>
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<tr>
<td>Wendy Woster, MD</td>
<td>University of Minnesota</td>
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The EMPA Residency Program was launched in 2012 with the mission of providing postgraduate emergency medicine training for physician assistants that prepare them to be skilled partners in the delivery of emergency medicine patient care. There are currently 27 PA staff members working at Regions, many of whom also provide coverage for Lakeview Hospital Emergency Department, and a few at Hudson Emergency Department. Ten of the PA staff have completed an EMPA postgraduate training program. The PA staff participate in the care of patients of all levels of acuity and are preceptors for PA students rotating from 10 PA programs.

The PA residency Class of 2018 was increased to three residents to help meet the demand for postgraduate EMPA training positions. Aside from trialing a new scheduling model, the Class of 2018 was the first to take the SEMPA/Rosh Review Assessment Program Final Exam now offered for participating national EMPA postgraduate programs.

Awards as selected by PA residents:
- Faculty Teaching
  - 2018 Ben Willenbring, MD
  - 2017 Charles Bruen, MD
  - 2016 Marc Newman, MD
  - 2015 Joseph Walter, MD
  - 2014 Michael Zwank, MD
- PA Staff Teaching
  - 2018 Jon Harper, PA-C
  - 2017 Nicole Lamb, PA-C
  - 2016 Ross Huelster, PA-C
  - 2015 Dan Texidor, PA-C

PA Residency Graduates:
- Chadd Allen, PA-C ’14 - Baylor University Medical Center - Dallas, TX
- Garrett Brady, PA-C ’13 - Sacred Heart Medical Center - Eugene, OR
- Michael Cavanaugh, PA-C ’16 - Mercy Regional Medical Center - Durango, CO
- Brita Dahlquist, PA-C ’15 - Minnesota Gastroenterology - Twin Cities, MN
- James Frederick, PA-C ’16 - Emergency Physicians of the Rockies - Denver, CO & Glacial Ridge Health System - Glenwood, MN
- Stephani (Seymour) Johnson, PA-C ’17 - Regions Hospital - St. Paul, MN
- Lauren (Webb) Secrist, PA-C ’17 - Regions Hospital - St. Paul, MN
- Natasha Seliski, PA-C ’18 - Regions Hospital - St. Paul, MN
- Thomas Steehler, PA-C ’18 - Regions Hospital - St. Paul, MN
- Autumn Pattee, PA-C ’17 - Regions Hospital - St. Paul, MN
- Caitlin Ward, PA-C ’18 - Regions Hospital - St. Paul, MN
- Abby Willaert, PA-C ’13 - Regions Hospital - St. Paul, MN

PA Resident Class of 2019

Jordan Mahieu
BA - Sociology - U of Minnesota
Masters of Science Physician Assistant Studies - Augsburg College
Interests: Being outdoors in the sun or snow, traveling and pursuing new experiences

Kellie Ring
BA - Biology - University of St. Thomas
Master of Physician Assistant Studies - St. Catherine University
Interests: Sports, yoga, running, biking, reading, summer blooms, traveling, spending time with family and friends, drinking coffee and trying new restaurants

Shail Sharma
BS - Microbiology - University of Minnesota
Masters in Medical Sciences - Saint Francis University
Physician Assistant Associates Degree - Red Rocks Community College
Interests: Spending time with family and friends, any activity that involves being outdoors or in the water, hiking, reading novels, gardening and baking
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<th>RESIDENCY AWARDS, RECOGNITION, HONORS</th>
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<tr>
<td><strong>Star Award - resident teacher selected by medical students</strong></td>
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<tr>
<td>2018 Kevin Torkelson, MD</td>
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<td>2017 Mark Bergstrand, MD, Alan Saama, MD</td>
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<td>2016 Sakib Motalib, MD</td>
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<tr>
<td>2015 Joshua Peltier, MD</td>
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<tr>
<td>2014 Ryan Bourdon, MD</td>
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<tr>
<td>2013 Zabrina Evens, MD, Gary Mayeux, MD</td>
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<tr>
<td>2012 Peter Baggenstos, MD</td>
</tr>
<tr>
<td>2011 Kara Kim, MD</td>
</tr>
<tr>
<td>2010 Aaron Feist, MD, Gregory Vigesaa, DO</td>
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<tr>
<td>2009 Adina Connelly, MD, Danielle Jackson, MD</td>
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<tr>
<td>2008 Samuel Stellpflug, MD</td>
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<tr>
<td>2007 Sandy Fritziar, MD</td>
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<tr>
<td>2006 Nathan Anderson, MD, Sandy Fritziar, MD</td>
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<td>2005 Keith Henry, MD, Martin Richards, Jr., MD, Martin Richards, Jr., MD</td>
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<tr>
<td>2004 Robert LeFevere, MD</td>
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<tr>
<td>2003 William Mohr, MD</td>
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<tr>
<td>2002 Kevin Kilgore, MD</td>
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<td>2001 Felix Ankel, MD</td>
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<td><strong>Kevin Kilgore Apple Award - faculty teacher selected by medical students</strong></td>
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<tr>
<td>2018 Michael Paddock, DO</td>
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<tr>
<td>2017 John Bonta, MD</td>
</tr>
<tr>
<td>2016 Jeahan Hanna, MD</td>
</tr>
<tr>
<td>2015 Zabrina Evens, MD, Robert LeFevere, MD</td>
</tr>
<tr>
<td>2014 Cullen Hegarty, MD, Samuel Stellpflug, MD</td>
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<tr>
<td>2013 John Bonta, MD</td>
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<td>2009 Keith Henry, MD</td>
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<td>2008 Cullen Hegarty, MD, Kevin Kilgore, MD</td>
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<tr>
<td>2007 Joel Holger, MD, Peter Kumasaka, MD, Michael Zwank, MD</td>
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<tr>
<td>2006 Jeahan Hanna, MD</td>
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<td>2005 Rachel Dahms, MD, Robert LeFevere, MD</td>
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<td>2004 Cullen Hegarty, MD</td>
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<td>2003 Kevin Kilgore, MD</td>
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<td>2002 Felix Ankel, MD</td>
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<td>2001 Paul Haller, MD</td>
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<td><strong>Felix Ankel Faculty Teaching Award - EM faculty teacher selected by residents</strong></td>
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<tr>
<td>2018 Charles Bruen, MD</td>
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<td>2017 Keith Henry, MD</td>
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<td>2016 Keith Henry, MD, Michael Zwank, MD</td>
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<tr>
<td>2015 Kelly Barringer, MD, Rachel Dahms, MD, Cullen Hegarty, MD</td>
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<td>2014 Mary Carr, MD, Rachel Dahms, MD</td>
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<td>2013 Cullen Hegarty, MD</td>
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<td>2007 Rachel Dahms, MD, Jeahan Hanna, MD</td>
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<td>2006 Robert Knopp, MD</td>
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<td>2005 Felix Ankel, MD</td>
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<td>2004 Karen Quaday, MD</td>
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<tr>
<td>2003 Carson Harris, MD</td>
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<td>2002 Scott Cameron, MD</td>
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<td>2001 Robert Knopp, MD</td>
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<td>2000 Joel Holger, MD</td>
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<td><strong>Nurse Educator Award - EM nurse teacher selected by residents</strong></td>
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<td>2018 Tiffany Gear, RN</td>
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<td>2017 Connor Butenhoft, RN</td>
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<td>2016 Dominic Ehman, RN</td>
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<td>2015 Frank Mitchell, RN</td>
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<td>2014 Heather Nelson, RN</td>
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<td>2013 Daniel Sedlacek, RN</td>
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<td>2012 Donald Borocek, RN</td>
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<td>2011 Kevin Guenard, RN</td>
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<td>2010 Clarece Marsh, RN</td>
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<td>2009 Angela Hoepner, RN</td>
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<td>2008 Andrew Hedbon, RN</td>
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<td>2007 Lawrence Cochran, RN</td>
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<td>2006 Tom Peterson, RN, Karen Poor, RN</td>
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<td>2005 Donovan Taylor, RN</td>
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<td>2004 Mary Healy, RN</td>
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<td><strong>Excellence in EMD Research</strong></td>
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<tr>
<td>2018 Bradford Hansen, MD</td>
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<td>2017 Jackqueline Kelly, MD</td>
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<td>2016 Jill Schuld, MD</td>
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<tr>
<td>2015 Katherine Glassrud, MD</td>
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<td>2014 David Wid Warren, MPH</td>
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<td>2013 Gary Mayeux, MD</td>
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<td>2012 Eric Dahl, MD, Casey Woster, MD</td>
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<td>2011 N Kolja Paech, MD</td>
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<td>2010 Nathaniel Curl, MD</td>
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<td>2009 Tara O’Connell, MD</td>
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<td>2008 Emily Mason, MD, Ben Peake, MD</td>
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<td>2017 Scott Donner, MD</td>
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<td>2004 Kurt Isenberger, MD</td>
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<td>2003 S. Wade Barnhart, MD, Christopher Obetz, MD</td>
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<td>2002 Randall Hofbauer, MD</td>
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<tr>
<td>2018 David Niccum, MD</td>
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<td>2017 Bruce Bennett, MD</td>
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<td>2016 David Dries, MD</td>
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<td>2015 Avi Nahum, MD</td>
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<td>2014 Bruce Bennett, MD</td>
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<td>2002 Mari Goldner, MD</td>
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<td>2001 David Dries, MD</td>
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<td>2000 Ian Swatez, MD</td>
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<td><strong>Off Campus Faculty Teaching Award</strong></td>
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<td>2018 Susan Goddard, MD</td>
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<td>2016 Eric Dahl, MD, Paul Zenker, MD</td>
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<td><strong>Robert Knopp Humanism Award</strong></td>
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<td>2018 Allison Grace, MD</td>
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<td>2017 Mark Bergstrand, MD, Brian Hahn, MD</td>
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<td>2016 Jill Schuld, MD</td>
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<td>2015 Shaun Kennedy, MD</td>
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<td>2014 Ryan Bourdon, MD</td>
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<td>2013 John Van Valkenburg, MD</td>
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<td>2010 Heather Ellsworth, MD</td>
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<td>2009 Tara O’Connell, MD</td>
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<td>2008 Mark Connelly, MD</td>
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<td>2007 Emily Mason, MD</td>
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<td>2006 Martin Richards, Jr., MD</td>
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<td>2005 Keith Henry, MD, Jon Hokanson, MD</td>
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<td><strong>Excellence in EMS Award</strong></td>
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<td>2018 Steven Palm, MD</td>
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<td>2017 Peter Coenen, MD</td>
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<td>2016 Brittany Brindle, MD</td>
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<td>2015 Samantha Kealey, MD, Joshua Peltier, MD</td>
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<td>2014 Jason Van Valkenburg, MD</td>
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<td>2012 Bjorn Peterson, MD, Benjamin Watters, MD</td>
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<td>2009 Owen Anderson, MD</td>
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<td>2007 Heidi Lako, MD</td>
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<td><strong>Carson R Harris Toxicology Award</strong></td>
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<td>2018 J Tyler Steubs, MD</td>
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<td>2017 Kristin Engebretsen, PharmD</td>
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<td>2016 Jacqueline Kelly, MD</td>
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<td>2015 Sean Boley, MD</td>
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<td>2018 Hollie Lawrence, PharmD</td>
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<td>2017 Zachary Stoecker, PharmD</td>
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<td><strong>Mark Bernas Advocacy Award</strong></td>
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<td>2018 Priya Sury, MD</td>
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<td>2017 David Benjamin, MD, Jacqueline Kelly, MD</td>
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<td>2016 Sakib Motalib, MD</td>
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<td>2015 Amy Stoess, MD</td>
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<td>2014 David Warren, MPH</td>
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<td>2013 Adetolu Owoloy, MD</td>
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Didactics/Simulation

Our second year of competition for the Conference Cup was very heated. Congratulations to Ravenclaw, who out-scored three other teams for conference attendance and teaching points. Special thanks to Jessie Nelson (‘04) who again took on the role of “Dumbledore” and did all the results reporting.

We continue to be committed to innovative education, adding cutting edge technology to bring in nationally and internationally recognized speakers through the use of interactive remote meeting applications. We have developed a novel FOAMed curriculum for learning evidence based medicine that incorporates instructional technology media including podcasts, blogs, social media and podcasts, which has become a favored alternative to journal club. We incorporate monthly small group/simulation conference days, using simulation or case-based materials as a basis of active learning. Our weekly ‘critical case’ conference continues to be our signature conference, using real-life cases for discussion, inviting consultants to provide insight where appropriate. We now split the time with Resuscitation cases – recent cases from our own emergency department delivered in rapid fire. Once per month our critical cases have a pediatric focus, with participation by our PedsEM fellows and faculty.

Other conference time is dedicated to core content, journal club, QI, joint collaborative conferences with other departments, and our monthly grand rounds series. Other innovative ideas we’ve incorporated include an “Ask the Expert” series where we have a monthly invited speaker address our questions, and adding discussions of relevant podcasts to critical cases, using games to make core topics enjoyable, and live chats with our alumni throughout the US and even Australia.

Procedural Training & Competency

Procedural education is based on the need to enter future practice comfortable and competent in performing a broad variety of invasive and non-invasive procedures. Procedural competency matters the most in procedures that are complex, high risk, and must be performed immediately to reduce the risk to life or limb.

Historically, most procedural exposure happens at the patient’s bedside under faculty supervision. The emergency department, intensive care units, and off-service rotations provide an opportunity for residents to become competent in performing procedures in a clinical setting. Working with different faculty in different specialties, residents are exposed to varied techniques and approaches to patient care. Bedside teaching also allows for direct and immediate feedback on performance at the bedside under the watchful eyes of faculty.
Ultrasound

Ultrasound education is dynamic and we are fortunate to have just purchased 16 handheld ultrasounds for residents to use. We focus on the ACEP recommended core uses of bedside ultrasound including but not limited to FAST, early pregnancy, AAA, cardiac, renal, biliary, venous, soft tissue, ocular, thoracic and procedural guidance. Education begins during the intern orientation of the first weeks of residency and continues during the intern year as ‘Ultrasthesia’ weeks which are dispersed during the intern year. These ultrasthesia days include anesthesia experience intubating in the morning when the OR is busy and ultrasound experience performing bedside ultrasounds in the afternoon when the ED census is high. We recognize that point of care ultrasound is both a procedure (obtaining the image) and a cognitive process (understanding the benefits/pitfalls of ultrasound and interpreting the data into the clinical scenario). To that end, we also incorporate dedicated lecture time with a flipped classroom model as well as small group days in the simulation center with use of a state of the art ultrasound simulator.

EMS

The 2018 academic year was a time of growth and expansion for Regions EMS. We expanded our classroom space with the opening of a satellite location at Suburban Square in St. Paul. Our Community Paramedic (CP) program experienced significant expansion to include 7 day a week home visits through a generous contribution from the Fred C. and Katherine B. Andersen Foundation. Our 3 year HealthRise CP program, funded in partnership with Medtronic, has reached maturation and our CP’s are enrolling an average of a patient a day in our readmission avoidance program!

EM Resident EMS Experience

EM residents are introduced to the subspecialty of pre-hospital medicine during their intern year with three one-week rotations supervised by assistant medical director, Kari Haley, MD. Residents participate in patient care with EMS providers in urban, suburban and rural agencies, experiencing fire-based, volunteer/ paid on-call, third service, and police-paramedic EMS delivery systems. Optional air medical exposure is offered via Life Link III air ambulance. Residents also spend time shadowing operators at the Ramsey County Emergency Communications Center.

Regions EMS Event Medicine Section

Our residents partner with our EMS providers by providing on-site medical control for Minnesota Wild NHL hockey games, the MN State Fair and the Twin Cities Marathon. Regions EMS provides on-site EMS coverage for events at the Xcel Energy Center, CHS Field, and the Roy Wilkins Auditorium in downtown St. Paul.

Resident Associate EMS Medical Directorship

Residents with a particular interest in operational EMS may choose the Associate EMS Medical Directorship (AMD) for their required scholarly project. This unique program allows motivated residents to gain an in-depth understanding of operational, administrative and educational aspects of pre-hospital medicine and the unique role of the EMS medical director. Residents completing the EMS-AMD program are uniquely positioned to competitively apply for EMS fellowships.

2018 Associate EMS Medical Directors:
- Shannon Tomfohrde, MD (‘19)
- Zach Finn, MD (‘20)
- Brad Stroik, MD (‘21)

Procedural Training & Competency, continued

Each year, every resident completes a structured full-day simulated procedure lab, led by EM faculty, using multiple teaching modalities including the anatomy lab at the University of Minnesota and a wide variety of simulation manikins and trainers. This provides residents with a chance to get personalized, hands-on experience with invasive procedures. Common procedures, such as central line placement or epistaxis management, are refined; residents also perform rare and high-stakes procedures such as thoracotomy, cricothyroidotomy, pericardiocentesis, and shoulder dystocia delivery.
Tell us about your group Emergency Care Consultants (ECC), and your role with the group? ECC was formed in 1992 when the employed ER physicians at Abbott Northwestern Hospital decided to create and transition into an independent practice. I have served as the group’s president since 2009.

As one of the largest Emergency Medicine groups in the Midwest you hire a lot of graduates from our residency program. Share with us why your group likes hiring Regions grads? The ideal EM physician has a strong sense of compassion and a commitment to being a helper to those in need. That physician effectively communicates with and educates patients and families while remaining calm and steady in a hectic environment.

Regions’ first EM Residency Program Director, Dr. Bob Knopp, embodied those characteristics, and he instilled them into the fabric of the residency program. To its credit, the Regions Program continues to inculcate those values into its residents as well or better than any program in the country.

We are focusing the 2018 Annual Report on ‘Expanding Opportunities’. Your group has been expanding—tell us about the expansion of your group and what opportunities you see in the future for ECC and Emergency Medicine in the Twin Cities?

Outside of the metro area, there is a growing desire to staff the regional and rural emergency departments with EM-trained physicians, particularly in those hospitals aligned with larger regional healthcare systems. Groups like ECC are being asked to offer staffing solutions for those EDs, and to supplement the staffing with APPs, TeleHealth, and other novel approaches. ECC has undergone quite a bit of expansion in recent years, including the addition of the former HealthEast hospitals and District One Hospital in Faribault, and more opportunities may lie ahead. Our core mission, however, remains the same: deliver the best possible emergency care to our communities.

In Memory of Kristin Engebretsen, PharmD
1970-2018

Known for her sense of style, love of shoes and passion for cooking, Kristen Engebretsen spent 18 years helping build the Toxicology program at Regions. She was an integral part of the Emergency Department teaching residents, medical students, pharmacy students and toxicology fellows throughout her tenure. Her dedication and love of teaching earned her the 2017 Emergency Medicine Residency’s Excellence in Toxicology Award and a named award in her honor for teaching excellence by a non-physician, which is given annually to a selected educator. Dr. Engebretsen was also an avid researcher, and mentored many students, residents and fellows through their research projects. She served as the President of the American Board of Applied Toxicology and Clinical Professor for the University of Minnesota College of Pharmacy. Kristin is greatly missed by the entire Regions family.

The words that top my list to describe her are tenacious, passionate, fashionable, selfless, mentor, leader, fearless, caring clinician, scientist, kind, and beautiful. Her heart was pure. Her smile was contagious. She went to bat for her team time and time again. Kristin was a mentor to me, I can only hope to one day be a fraction as amazing as she was.

- Becky Gardner ('13)

What a warm, caring soul and an infectious personality. Kristin shaped the lives and knowledge of many physicians in training and I hope the family can celebrate her enormous contribution to the training of physicians which translates to wonderful care of patients.

- Chris Russi ('03)
GRANTS AND IRB-APPROVED STUDIES:

Barnes ML, Finn ZS, Zwank MD. Nurse Care Line Study: The Differences in Severity of Patients Presenting to the Emergency Department With Chest Pain With or Without Referral from a Nurse Care Line. Resident Research Grant (2016-present).


Masters TC, Hendriksen S, Westgard BC, Walter JW, Logue CJ. The use of hyperbaric oxygen therapy for central retinal artery occlusion. HCMC.

McCoy M, Walter JW, Orwig D, Jordan V, Odland M. Sudden sensorineural hearing loss treatment outcomes. HCMC.

Hendriksen S, Menth NL, Westgard BC, Cole JB, Walter JW, Masters TC, Logue CJ. Hyperbaric oxygen therapy for the prevention of arterial gas embolism in food grade hydrogen peroxide ingestion. HCMC.


Willenbring BA, Identification of the Mechanism Bupropion Induced Neurological and Cardiovascular Toxicity. (2016-present).


Zwank MD. Rate of Correction of Hyponatremia and Correlations with Adverse Outcomes. (2017-present).


2018 Publications


Books/Book Chapters:


### Abstract Presentations:


**LeFevere RC, Isenberger KM.** The Rate of Patient Complaints Significantly Increased After Cessation of a Patient Call-back System. Presented at SAEM Annual Meeting. Indianapolis, IN, May 2018.

**Nelson JG.** A Doctor Walks into a Cubicle Farm… Lessons Learned While Creating an Emergency Department Intranet Site. Oral presentation at SAEM Great Plains Reginal Meeting. St Louis, MO, September, 2018.


### Invited Presentations:

**Walsh M, Tiryaki E, Ankel F.** When good ideas fail: Start seeing fair process (or lack thereof) in everyday decision-making. International Conference of Residency Education (ICRE), Halifax, Canada 2018

**Ankel F, Sherbino F.** Creating your personal learning network: 10 tips from a systems lens. International Conference of Residency Education (ICRE), Halifax, Canada 2018

**Ankel F, Santen S, Hemphill R.** Creating your personal learning network: 10 tips from a systems lens. Association of Medical Educators of Europe (AMEE) conference, Basel, Switzerland 2018.


**Hegarty CB** (panelist). SLOE 4.0 Smackdown! Consensus in SLOE Reading and Writing. Presented at CORD Academic Assembly. San Antonio, TX, April 2018.

**DeLuca L, Grall KJ.** Happy Doc Summer Camp: An Integrated Wellness, Self-Care and Adventure Experience to Combat Provider Fatigue and Burnout. Presented at SAEM Annual Meeting. Indianapolis, IN, May 2018.
The Crisis Program at Regions Hospital Emergency Center, represents a successful collaboration between the Emergency Department and Regions Mental Health Department.

Psychiatric crisis intervention and assessment services are provided by an experienced, skilled group of licensed independent clinical social workers (LICSW) staffing the program 24/7. We provide a patient centered and trauma informed model of care. Patients are seen for a variety of mental health issues including suicidal behavior, depression, psychosis, anxiety, post traumatic stress, domestic violence and substance abuse. The crisis staff work closely with ED physicians, residents, physician assistants, nurses, ERTs and case managers, to provide comprehensive psychiatric and psychosocial assessments and to create discharge plans that maximize safety and stabilization in the community or in the hospital.

The Regions Hospital Emergency Center includes:

- Private Rooms
- Employee Lounge and Locker Room
- Discharge Pharmacy
- Waiting Room and Triage Area
- In-Department Radiology Suite

Richelle Jader, RN, BSN, MHA
Administrative Director
Karen Quaday, MD
Operations Medical Director
Ryan Aga, RN, BSN, MSN
Nurse Manager
Jeff Fritz
ED Operations Logistics Specialist

In 2018, our work focused on:
- Improving the care of the mental health patient in the ED
- Falls prevention & delirium
- Improving CT turnaround time
- Just Culture/Culture of Patient Safety
- Core Measures (STEMI, CAP, Stroke, Sepsis)
- Staff Safety, Workplace Violence Protocols, Staff Resiliency
- Staff resiliency room
- ED Residency training (MD, PA, RN)
- Refining our flow processes
- Patient Experience training and coaching

The Regions Hospital Emergency Center is a Level I Adult and Pediatric Trauma Center located in St. Paul, MN, serving the east metropolitan Twin Cities area, including western Wisconsin.

Richelle Jader, RN, BSN, MHA
Administrative Director
Karen Quaday, MD
Operations Medical Director
Ryan Aga, RN, BSN, MSN
Nurse Manager
Jeff Fritz
ED Operations Logistics Specialist

EMERGENCY CENTER OPERATIONS

<table>
<thead>
<tr>
<th>50,000 Sq. Ft. of Clinical Space</th>
<th>5 CARE AREAS (Pods)</th>
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</thead>
<tbody>
<tr>
<td>55 TREATMENT ROOMS</td>
<td></td>
</tr>
<tr>
<td>+8,000 sq. ft. houses</td>
<td></td>
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</table>

2018 EMERGENCY CENTER STATS

<table>
<thead>
<tr>
<th>87,700 PATIENT VISITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>5% PEDIATRIC PATIENTS (&lt; 16)</td>
</tr>
<tr>
<td>9% MENTAL HEALTH PATIENTS</td>
</tr>
<tr>
<td>4340 TRAUMA ADMISSIONS</td>
</tr>
<tr>
<td>900 TRAUMA TEAM ACTIVATIONS</td>
</tr>
<tr>
<td>25% ADMISSION RATE</td>
</tr>
<tr>
<td>55% OF ALL HOSPITAL ADMISSIONS COME FROM THE ED</td>
</tr>
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</table>
Regions Hospital Foundation
EM Residency Funds

L134 - EMERGENCY MEDICINE RESIDENCY EDUCATION

Donations to the Emergency Medicine Residency fund (L134) play a critical role in program and resident development. We were able to send residents to regional and national meetings and assist Carson Harris, MD with his teaching activities with Medical Educators of Latin America (MELA) in Bolivia.

SNMA Conference (Diversity Committee outreach)
Priya Sury ('19)

Bolivian Education Conference (Educators)
Diliana Stoimenova ('20)
Mary Swiggum ('20)

SAEM Chief Resident Forum
Sara Hevesi ('19)

SAEM Great Plains Regional Meeting (Presenter)
Sara Hevesi ('19)

ACEP Leadership and Advocacy Conference
Jonathan Heimler ('20)
Melanie Mercer ('21)

ACEP Scientific Assembly
Kasey Sturm ('19)

FemInEM FIX 2018
Sarah Mott ('19)

$1,000+
ADVOCATE
Paul Travniecek ('08)
Jeff ('99) & Sara Young
Kevin ('07) & Abbie Smith

$500+
BUILDER
Cullen Hegarty ('01)
Rob ('04) & Jenny LeFevere
Annie Schapiro ('05)
Robert Knopp

$100+
SPONSOR
Aaron Feist ('10)
Mandy Miller ('15)
Josh Peltier ('15)
Alan Sazama ('17)
Zlata Vlodaver ('18)
Ben Watters ('12)

*Engebretsen Memorial Fund
Housed in the L134 EM Resident Education Fund, these donations are earmarked for Toxicology research activities.

E900 - MARK BERNAS ENDOWMENT

The Mark Bernas Endowment was established in 1998 after the death of EM resident, Mark Bernas. It’s purpose is to provide long term financial resources for resident learning, such as the Mark Bernas Resident Learning Commons (connected to our resident room) and our Visiting Professor lecture series. Speakers this year included:
• Drew Maurano PA-C - MCI Planning and Preparedness
• Liz Crowe - Staff Wellbeing

$1,000+
ADVOCATE
Dorothy Bernas

L1700300 - ANDERSEN GRANT

This year, our Fred C. & Katherine B. Andersen Foundation grant provided funding for:
• eOral testing stations
• Resident procedure labs
• CMAC for our resident anatomy lab
• New ultrasound machines in ED
• EPod TV wall monitors for education during resuscitations
• Portable and hand-held ultrasound for education
• Student workshop equipment
• iPads and resident learning apps
• Wellness retreat
RESIDENCY PRESENTATIONS 2018

The Regions Hospital Emergency Medicine Residency supplements clinical learning experience with lectures, workshops and procedural skills labs that are open (space permitting) to all residents, faculty, students, alumni, nurses, physician assistants, consultants and others from our residency community to share and discuss new knowledge.

Number of Lectures: 282
Hours of Attendance: 4687
  - 184 medical students, and
  - 25 PA students

Number of Workshops: 83
Workshops Attended by:
  - 31 residents
  - 3 PA residents
Participated in:
  - 11 procedural skills labs

Number of Labs: 31

TOTAL

131 students from 26 medical schools

MEDICAL STUDENT PROGRAM

The Regions Hospital Emergency Medicine Department has a long tradition of educating medical students. Rotations hosted at Regions include: essentials of clinical medicine (ECM) for 1st and 2nd year students, core required EM clerkship through the University of Minnesota Medical School, advanced EM clerkship (available to outstate students,) and elective bedside ultrasound and toxicology experiences. Students rotating through Regions ED participate in workshops in orthopedics, eye, simulation and toxicology and attend the Thursday didactic sessions along with the residents. During their clinical shifts they participate in trauma team activations, code blue resuscitations and are able to evaluate patients across the entire spectrum of acuity.

If you are interested in learning more about our student rotation opportunities, check the ‘student program’ link on our website (http://www.regionsem.org/student-program) or call Kristi Lamb at 651-254-5298. Applications are being accepted for the 2019-2020 academic year through the Visiting Student Application Service (https://services.aamc.org/20/vsas/).
**Emergency Medicine Residency 2018 Annual Report**

## Nursing

### EDUCATION

<table>
<thead>
<tr>
<th>Role</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Employees</td>
<td>68</td>
</tr>
<tr>
<td>RN’s</td>
<td>22</td>
</tr>
<tr>
<td>Paramedics</td>
<td>6</td>
</tr>
<tr>
<td>ERT’s</td>
<td>23</td>
</tr>
<tr>
<td>Coordinators</td>
<td>6</td>
</tr>
<tr>
<td>Nursing Fellows</td>
<td>12</td>
</tr>
<tr>
<td>Fast Track nurses</td>
<td>5</td>
</tr>
<tr>
<td>New Nurse Residency Graduates</td>
<td>4</td>
</tr>
<tr>
<td>Experienced Nurses</td>
<td>5</td>
</tr>
</tbody>
</table>

### Nursing Education

- **Wendy Dahl, RN, MSN, PHN, CEN, CPEN, Decentralized Nurse Educator**

### Accomplishments:

**Ryan Aga** Presented at ENA Cornerstones in October on the topic of “the looming threats of terrorism against US Hospitals”

### Disaster and Decontamination Preparedness:

The ED launched a new program this year to ensure all new staff are comfortable with chemical decontamination and highly infectious disease. All new employees attended the classes this year.

Members of the MCI and Decon team attended annual Radiation Decontamination Training sponsored by FEMA. 14 members of the MCI and Decon team attended courses at the CDP.
Emergency Medical Services (EMS)

Regions Hospital EMS has offered a one-year EMS fellowship since 2010, allowing graduates to sit for the board certification exam in EMS offered by the American Board of Emergency Medicine. Dr. Aaron Burnett (’11) is the State of MN EMS Medical Director and current fellowship director. The Regions EMS fellowship attracts physicians from across the country. Our fellows completed EM residencies in Wisconsin, Pennsylvania, Nebraska and Minnesota. In 2017 we welcomed Dr. Abraham Campos from the University of Nebraska as our most recent EMS fellow. Graduates of our fellowship serve in leadership roles both locally and nationally.

- Dr. Aaron Burnett (’11): EMS Fellowship Director Regions Hospital; State of MN EMS Medical Director
- Dr. Eric Ernest (’14): Univ. of Nebraska Med Ctr EM Residency; State of Nebraska EMS Medical Director
- Dr. Chris Ward (’15): Medical Director, Lakes Region EMS, Chisago, Minnesota
- Dr. Kari Haley (’16): Asst. EMS Med. Dir. Regions Hospital; EMS Physician Consultant, New Richmond EMS
- Dr. Abe Campos (’18) Univ of Nebraska Med Ctr EM Residency; State of Nebraska EMS Asst Medical Director

Medical Toxology (Med/Tox)

The Regions Hospital Clinical Toxicology Service and the Twin Cities Medical Toxicology Fellowship (a joint venture between HealthPartners/Regions and the Minnesota Poison Control System) are proud of their 2018 achievements. We graduated Dr. Ben Willenbring, who joined our faculty in July, and welcomed Dr. Justin Corcoran, who joins 2nd year fellows Drs. Dan McCabe and Eric McGillis. Sadly, we lost a dedicated educator, Dr. Kristin Engebretsen, who spent 18 years helping build our service. See our tribute to Kristin on page 20 of this report.

The Tox Service and Fellowship continue to strive to provide education to fellows, residents, medical students, pharmacy students, and PA residents. These learners are why we do what we do, and we look forward to continued work with them. Research continues to be a focus for us as well. We have several ongoing projects both at Regions and in conjunction with medical centers around the country; that work is aided by multiple grants from HealthPartners and from national organizations. Publications continue to be a focus, and in 2018 the group produced multiple manuscripts and published abstracts. The national and international exposure that comes from this work has been bolstered by invitations to lecture nationally, regionally, and locally.
Pediatric Emergency Medicine (Peds-EM)

The Pediatric Emergency Medicine fellowship program at Children’s Hospital and Clinics of Minnesota has been training PEM physicians since 1988. The Children’s Hospital of Minnesota–Minneapolis campus is certified by the American College of Surgeons as a Level 1 pediatric trauma center. The program has nine PEM fellows supported by 40 PEM physicians and 16 ED-based pediatric nurse practitioners. This comprises the largest pediatric-emergency trained staff in the region. The pediatric emergency department at Children’s Hospitals and Clinics of Minnesota has a combined annual volume of 90,000 patients, with outreach services in Chaska, Woodbury and Plymouth. Children’s Hospitals has a comprehensive research department with research staff supporting the fellowship program; producing several publications annually. The fellowship enjoys immense support from faculty who provide weekly lectures, a formalized ultrasound training program, a simulation program among other core educational activities.

Medical Quality Management & Patient Safety

- **Alex Asp, MD** is the 2018-2020 Medical Quality Management and Patient Safety Fellow and is a graduate of the Drexel University College of Medicine/Hahnemann University Hospital Emergency Medicine Residency Program. Alex is enrolled in the University of Minnesota Carlson School of Business Master’s in Business Administration program and is working on geriatric emergency department accreditation and quality.

- **Jackie Hegarty, MD** (’17) completed the fellowship in 2018 as well as the University of St. Thomas’ Health Care Master’s in Business Administration program. Jackie focused her work as a fellow on changing the culture of quality in the emergency department through providing more transparent quality data to front end staff. She has stayed on with HealthPartners as the Medical Director for Westfields Hospital Emergency Department.

The fellowship curriculum includes topics in medical quality management and patient safety from both the delivery of care perspective as well as the health plan perspective. The curriculum is flexible based on career goals. If you would like more information or have interest in applying to the fellowship, please contact Dr. Andrew Zinkel, fellowship director, at andrew.r.zinkel@healthpartners.com.

International

The fellowship focuses on preparing fellows to develop emergency medical systems and provide medical education in international settings. Amy Stoesz (’15) completed the fellowship this year and continues her work on human rights and sex trafficking. Monthly education sessions are helping us build relationships with other colleagues in the Twin Cities and addressing topics that are critical to the practice of global health. We are taking advantage of Regions’ other fellowships to gain perspectives on Global EMS and Global Toxicology. We have an existing relationship with the Global Emergency Care Collaborative, an organization that has a training program for local providers in Uganda. We partner with the University of Minnesota’s Global Health Pathway to enhance educational opportunities for our fellows, as well as HealthPartners International clinic to allow for more international and social medicine research opportunities. In addition to working clinical shifts, we actively participate in multiple annual education events with Mano a Mano in Bolivia.

Ultrasound

Our 2nd ultrasound fellow, Alissa Mussell entered the fellowship in April. Fellows are actively integrated into all aspects of the ultrasound program including scanning, teaching, research and administration. This experience gives them a good foundation for academic or community ultrasound program oversight. Program Director, Michael Zwank, MD, RDMS, co-chairs the Regions Hospital Point-of-Care Ultrasound Committee which is a multi-department committee that oversees point-of-care ultrasound throughout the hospital. Our ED has a collaborative working relationship with radiology and cardiology, and our fellow learns both in the ED as well as in the echo lab and radiology suite.
EMERGENCY MEDICINE GRADS

Class of 1999
Chanan DeLisle, MD - United Hospital - St. Paul, MN
Craig Grorud, MD - Park Nicollet - Minneapolis, MN
Amy Kolar, MD - North Memorial Medical Center - Robbinsdale, MN
James Parker, MD - St. Francis Hospital - Shakopee, MN
Jason Roth, MD - St. Anthony Hospital - Denver, CO
Kevin Sippreil, MD - Ridgeview Hospital - Waconia, MN
Jeffrey Young, MD - Mercy Hospital - Coon Rapids, MN
Robert Zeleznikar, MD, PhD - University of Minnesota Medical Center - Minneapolis, MN

Class of 2000
Bradley Barth, MD - Lakeview Hospital - Stillwater, MN
Mark Bernas, MD - Deceased
Mary (Fehringer) Drake, MD - Bozeman Deaconess Hospital - Bozeman, MT
Theresa Gunnarson, MD - Amery Hospital - Amery, WI
Paul Jewett, MD - University of Minnesota Medical Center - Minneapolis, MN
Hal Minnigan, MD, PhD - Wishard Hospital - Indianapolis, IN
Paul Satterlee, MD - Good Samaritan Hospital - Puyallup, WA
Jeffrey Vespa, MD - North Memorial Medical Center - Robbinsdale, MN

Class of 2001
Cheri Audrain-Schroeder, MD - Fairview Southdale Hospital - Edina, MN
Frank Coughlin, MD - Bryan LGH Medical Center - Lincoln, NE
Susan (Zola) Cullinan, MD - Mayo Health Systems - Eau Claire, WI
Cullen Hegarty, MD - Regions Hospital - St. Paul, MN
Bradley Hernandez, MD - Regions Hospital - St. Paul, MN
Karen Lushine, MD - Essentia-St. Mary's Hospital - Duluth, MN
John Seidner, MD - Elliot Hospital - Manchester, NH
James Wood, MD - Kaiser Permanente Northwest - Portland, OR

Class of 2002
Marly Benjamin, MD - Methodist Hospital - St. Louis Park, MN
John Bonta, MD - Bryan LGH Medical Center - Lincoln, NE
Laraes DeBoer, MD - Ridgeview Hospital - Waconia, MN
Bradley Gordon, MD - Regions Hospital - St. Paul, MN
Randall Hofbauer, MD - Deceased
Patrick Holland, MD - Good Samaritan Hospital - Puyallup, WA
Phelps Johnson, MD, PhD - Essentia-St. Mary's Hospital - Duluth, MN

Class of 2003
Kendal Baker, MD - Hancock Regional Hospital - Greenfield, IN
S. Wade Barnhart, MD - Good Samaritan Hospital - Puyallup, WA
Lynn Howard, MD - Essentia-St. Mary's Hospital - Duluth, MN
Cynthia Kelmenson, MD - Medical Center of Aurora - Denver, CO
Christopher Obetz, MD - Abbott Northwestern Hospital - Minneapolis, MN
Christopher Russi, DO - Mayo Clinic St. Mary's Hospital - Rochester, MN
Peter Tanghe, MD - North Memorial Medical Center - Robbinsdale, MN
Clark Williams, MD - Mercy Hospital - Dubuque, IA

Class of 2004
Tanya (Kleven) Deckter, MD - St. Luke's Hospital - Cedar Rapids, IA
Jon Fuerstenberg, MD - Abbott Northwestern Hospital - Minneapolis, MN
Kurt Isenberger, MD - Regions Hospital - St. Paul, MN
Robert LeFevere, MD - Regions Hospital - St. Paul, MN
Jessie Gillund Nelson, MD - Regions Hospital - St. Paul, MN
Kelly Rhone, MD - Avera McKennan Hospital - Sioux Falls, SD
Stephanie Taft, MD - Mission Health - Asheville, NC

Class of 2005
Jared Friedman, MD - Avera McKennan Hospital - Sioux Falls, SD
Keith Henry, MD - Regions Hospital - St. Paul, MN
Jonathan Hokanson, MD - Abbott Northwestern Hospital - Minneapolis, MN
Nicholas Johnson, MD - Abbott Northwestern Hospital - Minneapolis, MN
Todd Joing, MD - Fairview-Southdale Hospital - Edina, MN
Darren Manthey, MD - Avera Queen of Peace Hospital - Mitchell, SD
Matthew Morgan, MD - Regions Hospital - St. Paul, MN
Ann Schapiro, MD - Catholic Health Systems - Buffalo, NY
Nicole Stethem, MD - Avera McKennan Hospital - Sioux Falls, SD

Class of 2006
Nathan Anderson, MD - Amey Hospital - Amery, WI
Scott Donner, MD - United Hospital - St. Paul, MN
Jeffrey Geddes, MD - United Hospital - St. Paul, MN
Elizabeth Godin, MD - University of Minnesota Medical Center - Minneapolis, MN
Martin Richards, Jr., MD - HealthPartners Valley Group - Western WI
Trenten Thorn, MD - Lakeview Hospital - Bountiful, UT
John Travniek, MD - Avera McKennan Hospital - Sioux Falls, SD
Melissa Tschohl, MD - University of Minnesota Medical Center - Minneapolis, MN
Joseph Wahlberg, MD - United Hospital - St. Paul, MN

Class of 2007
Sandy (Fritzlar) Buckman, MD - United Hospital - St. Paul, MN
Roseann Ekstrom, MD - Fairview Northland Medical Center - Princeton, MN
Martin Klinkhammer, MD - Emergency Physicians of Tidewater - Virginia Beach, VA
Heidi Lako-Adamson, MD - Sanford Hospital - Fargo, ND
Joseph Madigan, MD - United Hospital - St. Paul, MN
Emily Mason, MD - Infinity Healthcare - Chippewa Falls, WI
Lane Patten, MD - North Memorial Medical Center - Robbinsdale, MN
Kevin Smith, MD - United Hospital - St. Paul, MN
Beth Wicklund, MD - Methodist Hospital - St. Louis Park, MN

Class of 2008
Luke Albrecht, MD - New Ulm Medical Center - New Ulm, MN
Kelly Barringer, MD - Regions Hospital - St. Paul, MN
Mark Connelly, MD - United Hospital - St. Paul, MN
Joey (Peterson) Duren, MD - United Hospital - St. Paul, MN
Ben Peake, MD - University of Minnesota Medical Center - Minneapolis, MN
Jonathan Shultz, MD - St. Luke's Hospital - Duluth, MN
Natasha (Srb) Carlson, MD - University of Minnesota Medical Center - Minneapolis, MN
Samuel Stellpflug, MD - Regions Hospital - St. Paul, MN
Paul Travniek, MD - Port Macquarie Base Hospital - New South Wales, Australia
### Class of 2009
Owen Anderson, MD - Methodist Hospital - St. Louis Park, MN
Adina (Miller) Connelly, MD - United Hospital - St Paul, MN
Christopher Dillon, MD - Mercy Hospital - Coon Rapids, MN
Joseph Dolan, MD - Methodist Hospital - St. Louis Park, MN
Tara (O’Connell) Gruba, MD - Hoag Hospital - Laguna Beach, CA
Danielle Jackson, MD - Cedar Park Regional Medical Center - Austin, TX
A. Duncan McBean, MD - St. Joseph Medical Center - Bellingham, WA
Charis Thatcher, MD - Valley Hospital - Spokane, WA
Scott Thieken, MD - Fairview Ridges Hospital - Burnsville, MN

### Class of 2010
Aaron Burnett, MD - Regions Hospital - St. Paul, MN
Nathaniel Curi, MD - UnityPoint Health-Trinity - Bettendorf, IA
Heather Ellsworth, MD - St. Luke’s Magic Valley - Twin Falls, ID
Aaron Feist, MD - Community Medical Center - Missoula, MT
Leah Gapiński, MD - United Hospital - St. Paul, MN
Shani Go, MD - Northwest Hospital - Seattle, WA
Nicole (Stolk) Dockter, MD - United Hospital - St. Paul, MN
Gregory Vigesaa, DO - Sanford Hospital - Fargo, ND
Brent Walters, MD - Edina, MN - Methodist Hospital - St. Louis Park, MN

### Class of 2011
Autumn (Erwin) Brogan, MD - Mayo Clinic Health Systems - Rochester, MN
Katherine Carlson, MD - Novant Health - Winston-Salem, NC
Katharine Davidson, MD - Providence Hospital & Alaska Native Medical Center, Anchorage, AK
Alexander Gerbig, MD - Overlake Hospital Medical Center - Bellevue, WA
Kara (Kim) Tomlinson, MD - St John’s Hospital - Maplewood, MN
Kolja Paech, MD - California Emergency Physicians - Sacramento, CA
Eric Roth, MD - Kaiser Permanente Northwest - Portland, OR
Jillian Smith, MD - St. Francis Hospital - Hartford, CT
Timothy Sullivan, MD - Bozeman Deaconess Hospital - Bozeman, MT

### Class of 2012
Peter Baggenstos, MD - Methodist Hospital - St. Louis Park, MN
Eric Dahl, MD - Westfields Hospital - New Richmond, WI
Tyler Ferrell, MD - Mercy Hospital - Coon Rapids, MN
Clint Hawthorne, MD - Iowa Health - Des Moines, IA
Katherine Katzung, MD - Abbott Northwestern Hospital - Minneapolis, MN
Bjorn Peterson, MD - Lakeview Hospital - Stillwater, MN
Jerome Walker, MD - Fairview Ridges Hospital - Burnsville, MN
Benjamin Watters, MD - Marcus Daly Memorial Hospital - Hamilton, MT
Casey Woster, MD - Regions Hospital - St. Paul, MN

### Class of 2013
Amanda Carlson, MD - Essentia Health-St. Mary’s - Duluth, MN
Zabrina Evens, MD - St. John’s Hospital - Maplewood, MN
Rebecca Gardner, MD - Unity Hospital - Fridley, MN
Jodi Greenlaw, DO - Mercy Hospital - Coon Rapids, MN
Gary Mayeux, MD - Abbott Northwestern Hospital - Minneapolis, MN
Sonali Meyer, MD - Mercy Hospital - Coon Rapids, MN
Adetolu Oyewo, MD - Eastside Medical Center - Snellville, GA
Darcy (Rumberger) Denegre, MD - Mercy Regional Medical Center - Durango, CO
Joseph Walter, MD - St. Croix Falls Medical Center - St. Croix Falls, WI
Wendy Woster, MD - Hudson Hospital - Hudson, WI

### Class of 2014
Michael Bond, MD - North Memorial Medical Center - Robbinsdale, MN
Ryan Bourdon, MD - Regions Hospital - St. Paul, MN
Kelsey Echols, MD - United Hospital - St. Paul, MN
Eric Ellingson, MD - United Hospital - St. Paul, MN
Marc Ellingson, MD - Abbott Northwestern Hospital - Minneapolis, MN
Kyle Holloway, MD - United Hospital - St. Paul, MN
Jenna Leroy, MD - Regions Hospital Medical Toxicology Fellowship - St. Paul, MN
Brian Roach, MD - Fairview Ridges Hospital - Burnsville, MN
Jason Van Valkenburg, MD - Sanford Hospital - Fargo, ND
David Warren, MD, MPH - Fairview Lakes Medical Center - Wyoming, MN

### Class of 2015
Aaron Ankeny, MD - Fairview Southdale Hospital - Edina, MN, Sean Bokey, MD - United Hospital - St. Paul, MN
Katherine Glasrud, MD - United Hospital - St. Paul, MN
Amanda Karlen, MD - Salem Health - Salem, OR
Samanta Kealey, MD - St John’s Hospital - Maplewood, MN
Shaun Kennedy, MD - St John’s Hospital - Maplewood, MN
Amanda Miller, MD - Seton Healthcare - Austin, TX
Joshua Pettier, MD - Lakeview Hospital - Stillwater, MN
Amy Stoesz, MD - Amery Hospital - Amery, WI
Ashley Tekippe, MD - Regions Hospital - St. Paul, MN

### Class of 2016
Edgar Austria, MD - Unity Hospital - Fridley, MN
Brittany Brindle, MD - New Ulm Medical Center - New Ulm, MN
Kendal Farrar, MD - Methodist Hospital - St. Louis Park, MD
Maria Goertz, MD - Fairview Southdale Hospital - Edina, MN
Jessica Greupner, MD - New Ulm Medical Center - New Ulm, MN
Nathanial LaFleur, MD - Cedar Park Regional Medical Center - Austin, TX
Sakib Motalib, MD - Inova Health System - Falls Church, VA Kayla Odegard, MD - Altru Health - Grand Forks, ND
Elizabeth Röeber, MD - Sanford Hospital - Fargo, ND
Jill Schuld, MD - Aurora Healthcare - Elm Grove, WI

### Class of 2017
David Benjamin, MD - Kaiser Permanente - Portland, OR
Jennifer Bennett, MD - Fairview Southdale Hospital - Edina, MN
Maria Bergstrand, MD - Methodist Hospital - St. Louis Park, MN
Mark Bergstrand, MD - Methodist Hospital - St. Louis Park, MN
Matthew Bogan, MD - St Croix Falls Medical Center - St Croix Falls, WI
Peter Coenen, MD - St Luke’s Hospital - Duluth, MN
Brian Hahn, MD - Northwest Healthcare - Tucson, AZ
Jacqueline Hegarty, MD - Westfields Hospital - New Richmond, WI
Noah Maddy, MD - United Hospital - St. Paul, MN
Alan Szczuka, MD - Avera McKennan Hospital - Sioux Falls, SD

### Class of 2018
Allison Grace, MD - Wheaton Franciscan Healthcare - Racine, WI
Aaron Gronseth, MD - Southern Hills Medical Center - Las Vegas, NV
Bradford Hanson, MD - Abbott Northwestern Hospital - Minneapolis, MN
Matthew Jones, MD - University of Minnesota Medical Center - Minneapolis, MN
Brian Mehus, MD - St Croix Falls Medical Center - St Croix Falls, WI
Steven Palm, MD - St John’s Hospital - Maplewood, MN
Hilary Royston, MD - Abbott Northwestern Hospital - Minneapolis, MN
Calie Schnitker, MD - University of Minnesota Palliative Care Fellowship - Minneapolis, MN
J. Tyler Steubs, MD - Loma Tenens - Tampa, FL
Kevin Torkelson, MD - Lakeview Hospital - Stillwater, MN
Zlata Vlodaver, MD - United Hospital - St. Paul, MN
Regions Hospital is certified as a Level I Trauma Center for adults and for children serving Minnesota and western Wisconsin for more than 130 years.

A private, nonprofit, teaching hospital, Regions (www.regionshospital.com) provides outstanding care in women’s health, heart, cancer, surgery, orthopaedics, neuroscience, burn, emergency care and more. Regions is part of the HealthPartners (www.healthpartners.com) family of health care companies that serves 1.25 million medical and dental health plan members nationwide.